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DIABETIC LOG SHEETS For: Patients Taking Medications or Insulin

Enter your blood glucose reading into each corresponding box.

The additional columns marked *other* can be used for snacks, exercise sessions, etc.

The *Notes* column is for anything that might have affected your blood sugar, ie. missing an exercise session, skipping a meal, etc. These free diabetic log sheets can be modified to suit your situation. For example, if you take more than one type of medication, you can add another line to record the dosages for each.

Patient Name: _____

Date of Birth: _____

START DATE:								END DATE:						
Day	Breakfast		Lunch		Dinner		Bedtime		Other		Other		Notes	
	Dose	Reading	Dose	Reading	Dose	Reading	Dose	Reading	Dose	Reading	Dose	Reading		
Sunday														
Monday														
Tuesday														
Wednesday														
Thursday														
Friday														
Saturday														